Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Moreels Barbara

Coaches: Schepers Jérôme

Coaches: Smet Elke HEADCOACH

Coaches: Meskens Dries

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 8: 200M BREASTSTROKE MEN 13+ Heat:3, starttime: 16:15

Heat: 3/3 Lane : 2 Athlete: DE COCK MATZ **Q-time: 02:48:01**

PB (25m pool): 02:48.01 EEKLO 04/10/2026 **PB (50m pool):** 03:01.25 **SB:** 02:48.01 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.92		01:19.70		no time		02:48.01
		00:36.92		*00:42.78*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 13+ Heat:3, starttime: 16:20

Heat: 3/4 Lane : 7 Athlete: DEBAETS ELIEN **Q-time: 00:41:21**

PB (25m pool): 00:41.21 EEKLO 04/10/2026 **PB (50m pool):** 00:41.46 **SB:** 00:41.21 EEKLO 04/10/2026

	25 M	50 M	
PB		00:41.21	
		00:41.21	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 13+ Heat:2, starttime: 16:25

Heat: 2/8 Lane : 8 Athlete: MAES JORDY **Q-time: 00:33:29**

PB (25m pool): 00:33.80 Dilbeek 01/10/2023 **PB (50m pool):** 00:33.29 **SB:** no time

	25 M	50 M	
PB		00:33.80	
		00:33.80	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: AZL

Event number: 10: 50M FREESTYLE MEN 13+ — Heat:4, starttime: 16:30

Heat: 4/8 Lane : 7 Athlete: DE COCK MATZ — **Q-time: 00:29:11**

PB (25m pool): 00:28.44 Durmehal 27/09/2026 — **PB (50m pool):** 00:29.11 **SB:** 00:28.44 Durmehal 27/09/2026

	25 M	50 M	
PB		00:28.44	
	00:28.44		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13+ — Heat:2, starttime: 16:35

Heat: 2/4 Lane : 5 Athlete: DEBAETS ELIEN — **Q-time: 01:25:77**

PB (25m pool): 01:25.77 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:42.37 **SB:** 01:25.77 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.75		01:25.77	
		00:39.75		*00:46.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 16:35

Heat: 3/4 Lane : 1 Athlete: HEYLEN ROOS — **Q-time: 01:24:06**

PB (25m pool): 01:24.06 Temse 31/05/2026 — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.36		01:24.06	
		00:39.36		*00:44.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: